



PORK AND SHELLFISH: - UNCLEAN -

PORK AND SHELLFISH: UNCLEAN

By George Lujack

Many faith organizations possessing the Holy Scriptures, or a portion of the Holy Scriptures, including Hebrew Roots, Islam, Judaism, Messianic Judaism, Seventh Day Adventists, and Worldwide Church of God offshoot Christian organizations that sprang from the late Herbert W. Armstrong's WWCOD ministry, teach its followers to abstain from pork and shellfish. Exception: the Islamic faith allows its followers to eat shellfish and anything from the sea, but not pork. Consuming pork is forbidden in the Torah, the Bible, and the Qur'an. Catholics, Protestants, and most mainstream Christian organizations teach their followers that it is perfectly permissible to consume pork, shellfish, and any and all unclean creatures.

This video will challenge and refute the Catholic, Protestant, and mainstream Christian organizations that teach that consuming pork, shellfish, and all manner of unclean creatures is permissible and will reaffirm pork and shellfish as UNCLEAN.

SOME OF THE REASONS CHURCHES TEACH THAT THE DIETARY COMMANDMENTS WERE ABOLISHED...

1. They never adhered to the dietary laws in the early Catholic / Christian churches, which parted ways with Sabbath-observing Messianic believers (Galatians 1:6-9).
2. Long-standing church traditions, which they refuse to change.
3. Fear of losing credibility as a denomination if they admit their error.
4. Fear of losing congregants who enjoy eating unclean creatures.
5. Priests, pastors, reverends, and other teachers were taught in their divinity or seminary theology schools that the dietary laws were abolished, and they do not have the autonomy to challenge their denomination without being expelled from it.
6. They believe that the dietary laws were for the Jews only, they were never issued to the Gentiles, and they were abolished by Yeshua (Jesus).
7. The churches are institutions of men, with their own unbiblical doctrines and teachings, which they believe they have a right to declare and uphold.

PSALM 118:8 (NKJV):

It is better to trust in YHWH (the Lord) than to put confidence in man.

PORK (PIG, SWINE)

IF GOD CALLED PORK “UNCLEAN” WHO DECLARED IT CLEAN?

Most people were taught this... PORK WAS MADE CLEAN... but Scripture never says that. (Leviticus 11:7-8, Deuteronomy 14:8, Isaiah 66:17). The Bible calls pigs unclean... Is this something Christians should ignore today? Can a Christian eat pork?

You must ask the right questions. What if the real question isn't, “Can I eat pork?” but, “What did God say?” That, is the right question.

Swine were created as unclean animals. Swine meat or pork was never intended to be a food source for man.

LEVITICUS 11:7-8 (NKJV):

“The swine, though it divides the hoof, having cloven hooves, yet does not chew the cud, is unclean to you. Their flesh you shall not eat, and their carcasses you shall not touch. They are unclean to you.”*

*see also Deuteronomy 14:8.

Did Peter say “Pork is now clean” ... or something else? The Messiah never ate pork. He kept the law (Torah). He kept the Sabbath. He kept the feasts. He walked in perfect obedience. He committed no sin. Peter proclaimed, “I have never eaten anything common or unclean” (Acts 10:14). Peter’s vision was not about pork. Peter declared, “God has shown me that I should not call any man common or unclean” (Acts 10:28). The Kosher laws still stand. God was making a point, not a menu.

THE MOST DEMON POSSESSED MAN IN THE BIBLE (Mark 5:9, Luke 9:30)

MARK 5:9 (NKJV):

**Yeshua (Jesus) asked the demon-possessed man, “What is your name?”
And he answered, saying, “My name is Legion; for we are many.”***

*see also Luke 8:30.

SWINE; It’s what Yeshua (Jesus) cast demons into!

Silly Christian... Yeshua (Jesus) didn’t die so you can eat unclean creatures! (Leviticus 11, Deuteronomy 14, Isaiah 66:17, Malachi 3:6, Hebrews 13:8). There is no Scripture that says the food laws changed. That was man’s tradition.

WHY NO PORK?

In an article first published in 1958 by Herbert W. Armstrong of the Worldwide Church of God, *Is All Animal Flesh Good Food*, on page 4, Armstrong proclaimed, “The day will come when we will at last learn that eating greasy hog flesh and other unfit “foods” has been a prime cause of cancer and other deadly diseases.”

THAT DAY HAS COME...

JOEL OSTEEN: DO NOT EAT PORK OR SHELLFISH

“Let’s talk a moment about pork, ham, bacon, pepperoni; these are some of the things the Scripture tells us we should not eat. The ushers have already locked the doors. And of course this has to do with anything that comes from a pig, a hog, a swine. And I know some of you love pork chops, you love ham and cheese sandwiches. I grew up on all that. I love bacon, but for our health sake we have to be willing to make some changes. God knows what’s best for us and back in the bible days the pig was considered unclean. It was never considered a source of food and one of the main reasons why was the pig will eat anything. A pig eats waste and garbage. This is kind of gross, but a pig will eat its own dead child. A pig will eat other sick and infected animals. They’re scavengers. And what’s interesting is the pig has one of the quickest and poorest digestive systems of any animal. It takes only four hours and that’s not good. Because the digestive system is so quick and so poor, many times the toxins from the food are not properly eliminated and they are stored in the pig’s fat. That means that pig can eat all kinds of filth and garbage; it can eat other infection – four hours later it sits in the slaughter and butcher, and a few days it’s on your plate at home. You’re having ribs – the problem is the toxins were never properly eliminated from the pig. On the other hand the animals that God says is OK for us to eat like cow, lamb, deer, buffalo – these animals eat fresh-clean vegetation. Their digestive system is much more sophisticated. In fact a cow basically has three stomachs and that fresh-clean vegetation is processed through a digestive system that takes 24 hours. Think about it: 24 hours vs. 4 hours. Would you rather eat an animal that eats waste and filth or an animal that eats fresh-clean vegetation? An animal that poorly processes the food and stores the toxins in its fat or an animal that properly eliminates the toxin from its body? I don’t know about you, but I don’t want to take a chance of putting that kind of junk in my body. And as I said I love bacon, but a few years ago we switched over and started eating turkey bacon. I can’t tell the difference now. I love pizza, but I don’t eat pepperoni anymore. I made changes, not only for my health sake, I made changes to honor God. And I believe if I’ll do what I can to take care of myself, God will do what I can’t. ... Something else the Bible tells us we should stay away from is any kind of shellfish: shrimp crabs, clams, oysters, lobsters. Again, would you all stop being so rebellious today? I’m ruining all you all’s lunch. These are animals that are scavengers. Do you know they live at the bottom of the water and they eat waste; they eat the excrement of other animals? I love fried shrimp, but when I think about what that shrimp eats for dinner it’s just not that appetizing anymore. We should be eating more fresh, fresh salmon. Grilled fish is some of the best things for us. In our home we tend to eat a lot of chicken.”

- Joel Osteen, Lakewood Church, 2013

CHRISTIAN WOMAN EXPLAINS WHY CHRISTIANS AREN'T ALLOWED TO EAT PORK

PODCAST INTERVIEW

Man: God said don't eat pork.

Woman: Yeah, Leviticus 11.

Man: Does it tell you why?

Woman: Yeah cause they're bottom feeders, they're the scum of the earth. Same thing with shellfish. How can you clean – how can you have a healthy body if you're eating the scum?

Man: Where does it say, Do not eat pork?

Woman: Leviticus 11

Man: I'm gonna look it up right now, cause if it says that...

Woman: It says, Do not eat swine.

Man: Not if it says just point don't eat that sh*t, I'll never eat it again. Yep, says don't eat it. Do not eat it. Leviticus 11:7 and repeated in Deuteronomy 14:8, describes the pig as having a split hoof, but not chewing the cud and therefore being unclean. Israelites were commanded not to eat it or even touch its carcass. So you believe like, you read that and you're like OK let me get back to this? Were you eating pork though?

Woman: Yeah.

Man: Yeah, so you just kind of forgot?

Woman: Well I just, we weren't taught that in church. We were taught that that was all done away with and we can eat whatever we want now. It's all been washed away under the cross. And uh, when I learned, cause I wanna know the scientific aspect of things, like why did He tell us not to eat it. Well, when a pig something within four hours, it doesn't matter what it is, it's in the meat of their, it's in their flesh. All the food that God told us we could eat they're all vegetarian, so and they also

Man: Why shouldn't we be vegetarian?

Woman: We because the foods He told us to eat are vegetarian, so if we're consuming a cow it's, it's pure meat, because they have four stomachs. Every time they eat and it gets sent to the next one it purifies it purifies it purifies it purifies it so by the time the nutrients gets to the meat you're actually eating the good part of the meat.

Man: So maybe the Jews are correct!

Woman: They're right on that yes. We should not be eating pork.

Man: I wonder if like science backs that up as well?

Woman: Oh yeah. Pork's the leading cause of diabetes, cancer, stroke, heart disease, high blood pressure...

Man: So why do they allow it?

Woman: Because it keeps you coming back for their medicine! It's that cynical. It's that maniacal.

Man: So if you had one message for the bomb squad is STOP EATING PIGS!

Woman: Stop eating pigs man. Do the work. Be obedient.

BIBLICAL FOOD LAWS; DOES GOD CARE WHAT YOU EAT?

SCRIPTURAL OR FICTIONAL?

CLAIM: The Creator doesn't care what I eat."

ANSWER: One of the very first instructions YHWH (the Lord) gave to man was regarding what he could and could not eat (Genesis 2:16-17). He has always been concerned with what we eat. Leviticus 11 and Deuteronomy 14 gives us YHWH's (the Lord's) definition of "food," and it does not change.

GENESIS 2:16-17 (NKJV):

"Of every tree of the garden you may freely eat; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die."

God cares about what we eat, because He cares about us.

YOU DON'T HAVE TO BE JEWISH TO KEEP GOD'S DIETARY COMMANDS

Excerpt from the 1994 movie, *Pulp Fiction*, starring John Travolta and Samuel L. Jackson. Edited to remove profanity.



TRAVOLTA: You want some bacon?

JACKSON: No man, I don't eat pork.

TRAVOLTA: Are you Jewish?

JACKSON: No, I ain't Jewish, I just don't dig on swine that's all.

TRAVOLTA: Why not?

JACKSON: Pigs are filthy animals. I don't eat filthy animals.

TRAVOLTA: Yea, but bacon tastes good; pork chops taste good.

JACKSON: So, sewer rat may taste like pumpkin pie, but I'd never know, because I wouldn't eat the filthy motherfuckers. Pigs sleep and root in shit. That's a filthy animal. I ain't eating nothing that ain't got sense enough to disregard its own feces.

TRAVOLTA: How about a dog? A dog eats its own feces.

JACKSON: I don't eat dog either.

TRAVOLTA: Yea, but do you consider a dog to be a filthy animal?

JACKSON: I wouldn't go so far as to call a dog filthy, but they're definitely dirty. But dogs got personality. Personality goes a long way.

Many Christians have no issue eating pork, but would be repulsed at the idea of eating a dog. Dogs are kept by many Christians as beloved pets, but in some nations in Asia, dogs are slaughtered and are commonly consumed as food.

In physiology terms, pigs and dogs are very similar creatures. Both pigs and dogs eat their own feces, both pigs and dogs have no sweat glands throughout most of their body; pigs sweat a little through their snouts whereas dogs sweat a little through their paws. Both pigs and dogs have single-chambered simple stomachs, unlike other ruminant mammals like cows, deer, and bison that have multi-chambered stomachs.

The American Plains Indians never consumed pork or shellfish before the arrival of the Europeans to the North American continent. The American Plains Indians typically lived to be 85 to 90 years old and never acquired cancer, heart disease, or even suffered a heart attack. It is believed that the Plains Indians, as a people, would have lived well beyond 100 years with adequate dental care.¹

Did you know pigs are loaded with parasites, and most survive cooking temperatures? Some species lay 200 to 1,500 eggs every single day inside the body. Scientists warn that pigs can carry parasites that survive cooking, with some species laying up to 1,500 eggs daily inside the human body. White spots on pork meat are tapeworms. Pigs are one of the nastiest animals, because they don't sweat. Whatever they eat, which is everything, you eat, if you consume them. Imagine eating an unclean animal who is a host to a multitude of parasites... Now imagine those parasites laying up to 1,500 eggs in your body a day. The consequences of sin can be deadly! Pork is the number one parasite carrying meat available. Not because it is undercooked, but because of the biology of the pig itself. Most people eating it every week have no idea what they are consuming.

Some Christians make the absurd claim that they eat pork to honor what Christ has done. Yeshua (Jesus) said, **"If you love Me, keep My commandments"** (John 14:15). He never said anything about honoring Him by breaking His dietary laws.

WHAT THEY NEVER TOLD YOU ABOUT PORK

Pork is always rotting. Even when it's in a freezer it's still rotting. Another thing they don't tell you... Holistic doctors are very aware of this, is that the parasites in pork are wrapped in cysts, and no matter how hot of a fire you get to cook that pork, the cysts protect the parasites from being destroyed by the fire. It's only the acid in your stomach that allows those cysts to be opened up and then these parasites get released into your body. We need to trust our Creator when He says that we shouldn't be eating these unclean animals. He's trying to protect us.

THE SCIENTIFIC EVIDENCE SAYS THAT EATING PORK DOES CAUSE CANCER

In 2015, the International Agency for Research on Cancer (IARC), (a part of the World Health Organization – WHO), classified processed meats like deli ham, bacon, and sausages, as Group 1 Carcinogens. Group 1 means that there is strong evidence they can increase the risk of certain cancers, especially colorectal cancer. Group 1 also includes tobacco, asbestos, and arsenic.

The Centers for Disease Control and Prevention (CDC) and the United States Department of Agriculture (USDA) track pork safety risks primarily concerning foodborne illnesses like *Trichinella* worms, *Yersinia*, and bacterial contaminations such as *Listeria*.

PARASITES IN PORK

The parasites in pork can never be burnt off, even if you cook it. Pigs don't sweat, they keep all the toxins in, they eat the feces of other animals so they get more toxins in, and they have a very rudimentary digestive system, so they don't take toxins out. That's why the CDC says that whoever eats pork has a higher chance of cancer than those who don't.

SHELLFISH

Did you know eating shrimp, crabs, and lobster all expose you to parasites? They eat microplastics that fall at the bottom of the ocean, and eat fish poo. Back then they were fed to the peasants because they were cheap, but now people are tricked to spend hundreds of dollars on them.

COMMERCIAL:

WAITER: Your fresh main lobster.

Girl: Aaahhhh! (Screams in horror as she faces a lobster served on a plate to her).

Lobster girl, or anti-lobster girl, illustrates a point. It is often the case that even children instinctively know more than adults do as to what are repulsive creatures that should not be eaten and regarded as an abomination.

IS YOUR “FOOD” AN ABOMINATION?

LEVITICUS 11:10 (NKJV):

But all in the seas or in the rivers that do not have fins and scales, all that move in the water or any living thing which is in the water, they are an abomination to you.”*

*see also Deuteronomy 14:10.

SHRIMP: FINS AND SCALES? NEGATIVE.

LEVITICUS 11:9-12 (NKJV):

“These you may eat of all that are in the water: whatever in the water has fins and scales, whether in the seas or in the rivers—that you may eat. But all in the seas or in the rivers that do not have fins and scales, all that move in the water or any living thing which is in the water, they are an abomination to you. They shall be an abomination to you; you shall not eat their flesh, but you shall regard their carcasses as an abomination. Whatever in the water does not have fins or scales—that shall be an abomination to you.”

* see also Deuteronomy 14:9-10.

WHY ARE LOBSTERS COOKED ALIVE AND DO THEY FEEL PAIN?

Lobsters and other shellfish have harmful bacteria naturally present in their flesh. Once the lobster is dead, these bacteria can rapidly multiply and release toxins that may not be destroyed by cooking. You therefore minimize the chance of food poisoning by cooking the lobster alive.

JOB 14:4 (NKJV):

Who can bring a clean thing out of an unclean? No one!

BIVALVE MOLLUSKS

Bivalve mollusks, such as scallops, oysters, mussels, and clams are a class of aquatic mollusks (marine and freshwater) that have laterally compressed soft bodies enclosed by a calcified exoskeleton consisting of a hinged pair of half-shells known as valves.

CLAMS: NATURAL LIVING WATER FILTERS

A single small (littleneck) clam can filter about 4.5 gallons of water per day, while larger adult clams can filter anywhere from 20 to 40 gallons daily depending on their size and species.

MUSSELS: VACUUM CLEANERS FOR THE SEA

The humble mussel acts as a vacuum cleaner for the sea, taking in micro plastics, pesticides, and other pollutants.

OYSTERS ARE NATURAL WATER FILTERS

A single oyster can clean more than 200 liters a day by pulling particles, algae, and pollutants from the water.

This 1 hour and 25 minute time-lapse video shows how oysters clean up polluted waste in the waters and are, like other bivalve mollusks, filter-cleaners of the sea.

SCALLOPS ARE FILTER FEEDERS

As filter feeders, they help to keep the water clean, prevent algae blooms, and support a thriving marine ecosystem.

SCIENCE NOW CONFIRMS WHAT TORAH TOLD US THOUSANDS OF YEARS AGO... THE CONSUMPTION OF SHELLFISH INCREASES ONE'S EXPOSURE TO A VARIETY OF TOXINS AND PARASITES (LEVITICUS 11, DEUTERONOMY 14).

SHELLFISH ALLERGIES

Shellfish are one of the most common food allergens. Shellfish allergies occur when the immune system of the body reacts against the proteins present in these animals. Shellfish can be categorized into two groups: crustaceans (like shrimp, crab, and lobster) and mollusks (such as clams, mussels, and oysters). Reactions can vary from mild symptoms like hives or nasal congestion to severe conditions such as anaphylaxis, a potentially life-threatening reaction. It is one of the most common and severe allergies, affecting adults and children alike.

Crustacean shellfish allergy is one of the 9 most common food allergies. Allergies to shellfish can develop at any age, and has developed in individuals who have been able to safely eat shellfish in the past. Allergy to shellfish is not commonly outgrown.

DANGER: TOXIC SHELLFISH. DO NOT EAT clams, oysters, mussels, or scallops.

The following headlines are just a few examples of government health alert warnings and reported outbreaks of shellfish-related diseases.

“FDA warns of bacteria in shellfish from New York’s Oyster Bay Harbor. Posted Jul 20, 2012. By The Associated Press.”

“California Department of Public Health, OFFICE OF PUBLIC AFFAIRS, CDPH Warns Consumers Not to Eat Sport-Harvested Bivalve Shellfish from Santa Cruz County, Date: March 30, 2018, Number: 18-018.”

“2026 Italian Hepatitis A outbreak linked to shellfish. HEPATITIS A outbreak linked to contaminated shellfish prompts raw seafood ban in Napoli. Over 130 cases reported as authorities tighten food safety controls and warn against consuming raw shellfish.”

“Raw oysters and clams recalled in 9 states over potential norovirus contamination, FDA says. By Daniel Miller, FOX Local, Recalls, Published March 10, 2026.”

DID YESHUA (JESUS) DECLARE ALL FOODS CLEAN? MARK 7:18-19

What Yeshua (Jesus) was not talking about:

Not Pork, not shellfish, not Leviticus 11 and Deuteronomy 14.

What Yeshua (Jesus) was talking about:

The issue was ritual handwashing according to the elders. **“To eat with unwashed hands does not defile a man.” – Matthew 15:20**

Yeshua (Jesus) did not abolish Leviticus 11 and Deuteronomy 14. He rejected man-made traditions that treated unwashed hands as spiritual defiling.

BE CAREFUL: Mark 7 begins with Yeshua (Jesus) condemning men for setting aside the commandment of God for their tradition. Don’t use it today to set aside God’s commandment.

FOOD. NOT FOOD.

Pork and shellfish are called unclean for us, not unclean food for us, and should not be considered food at all. All *food* is clean. But not all animals are food.

SHOCKING TRUTH:

Christianity doesn't teach the Bible. It uses the Bible, out of context, to teach Christianity.

DID YESHUA (JESUS) ABOLISH, COMPLETE, AND FULFILL THE DIETARY LAWS?

Here is where Catholicism, Protestantism, and mainstream Christianity take a verse out of context, Matthew 5:17, then twist and contort the meaning of what Yeshua (Jesus) declared in "fulfilling," while disregarding verses 18 and 19.

It is widely taught that Yeshua (Jesus) did not abolish the law; He fulfilled it. Yeshua (Jesus) did not fulfill the law, meaning He did not abolish any part of the law, including the least of the commandments, according to Matthew 5:18-19.

What did Yeshua (Jesus) mean then when He said He "fulfilled?" He meant that He did not come to *destroy the law*, but to *fulfill the prophets prophecies* about the Messiah who would be rejected, and would suffer and die to atone for the sins of mankind.

MATTHEW 5:17-19 (NKJV):

"Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill. For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled. Whoever therefore breaks one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but whoever does and teaches them, he shall be called great in the kingdom of heaven."

A HYPOTHETICAL SERMON OF YESHUA (JESUS) PREACHING IN THE KINGDOM IN REBUKE TO CORRECT CATHOLICS, PROTESTANTS, AND MAINSTREAM CHRISTIANS CONCERNING THE DIETARY LAWS, THE LEAST OF THE COMMANDMENTS

"You claim I abolished food laws, altering my words for creeds. I spoke strictly of Pharisaic hand washing traditions, not the law of the Father. Twisting context to void Torah (Law) violates Deuteronomy's command not to add or subtract. You go beyond Scripture, framing Me as a law breaker and false prophet. I taught that whoever breaks the least of these commandments and teaches others to do so will be called least in the kingdom. Are you making Me least?"

Even after being informed of the dietary laws listed in their own Bibles, Most Christians be like: "I would do anything for God, ...

What about observing His Dietary Laws (Leviticus 11, Deuteronomy 14)?
but I won't do that."

Why is it that many Catholics, Protestants, and mainstream Christians often heed a doctor's warning not to eat certain things, yet reject the dietary instructions of the Creator? (Leviticus 11, Deuteronomy 14)

CULPABILITY

The four levels of culpability, from most blameworthy to least blameworthy:

1. Purposely
2. Knowingly
3. Recklessly
4. Negligently

Many people have eaten pork, shellfish, and other unclean creatures out of ignorance, unknowingly, or because of false Christian teachings. Yet, if a person eats poison, whether they know it is poison or not, it can and will harm them.

ACTS 17:30 (NKJV):

Truly, these times of ignorance God overlooked, but now commands all men everywhere to repent, ...

It is one level of culpability to have eaten pork, shellfish, and other unclean creatures unknowingly in ignorance or because of false teachings, but when a person comes to the knowledge of the truth of God's unchanging laws in the Scriptures, including the dietary laws, and refuses to adhere to them, then willfully eats pork, shellfish, and other unclean creatures, the sin culpability level has changed. It is one thing to sin in unknowing or deceived ignorance, but to sin willfully by eating pork, shellfish, and other unclean creatures, once made aware of the truth, raises the sin to coveting something that God has forbidden.

A moment of truth comes, a test of faith, when a person who has been eating pork and shellfish discovers that consuming pork and shellfish is an abomination to God.

ISAIAH 66:17 (NKJV) [WITH INTERPRETATION]:

"Those who sanctify themselves and purify themselves [PRAY OVER UNCLEAR CREATURES BEFORE EATING THEM], to go to the gardens [OUTDOOR BBQs] after an idol [OF MARY STANDING] in the midst [OF THEM] eating swine's flesh and the abomination [SHELLFISH AND SEA CREATURES WITHOUT BOTH FINS AND OVERLAPPING, SHEDDING SCALES] and the mouse, shall be consumed [WITH DISEASE] together," says YWHH (the Lord).

ACCORDING TO 1ST TIMOTHY... ARE ALL UNCLEAN MEATS SUCH AS PORK, SHRIMP, LOBSTER, AND CRAB CLEAN TO EAT IF WE JUST PRAY OVER THEM?

Praying over God-ordained creatures, sanctified by the word of God (Leviticus 11, Deuteronomy 14) to be received with thanksgiving is good (1 TIMOTHY 4:4-5). However, there are some Christians who advocate praying over unclean creatures before eating them (Isaiah 66:17). These prayers are an abomination to God.

PROVERBS 28:9 (NKJV):

One who turns away his ear from hearing the law, even his prayer is an abomination.

Proverbs 28:9 includes the least of the laws, the least of the commandments, the Dietary Commandments.

Abstaining from eating pork, shellfish, and all manner of unclean creatures is not solely to obey God and hopefully attain a long lifespan; it is also to ensure vitality and to avoid feebleness.

NUMBERS 33:39 (NKJV):

Aaron was one hundred and twenty-three years old when he died on Mount Hor.

DEUTERONOMY 34:7 (NKJV):

Moses was one hundred and twenty years old when he died. His eyes were not dim nor his natural vigor diminished.

In the post-flood era, when men's lifespans were reduced to 120-years (Genesis 6:3), both brothers Aaron and Moses reached that milestone. Moses was noted as not having lost any of his natural vigor right up until the day he died. Aaron and Moses were both following God's Dietary Commands.

PSALM 105:37 (NKJV):

He also brought them out with silver and gold, and there was none feeble among His tribes.

The Hebrews, when they fled Egypt in the Exodus, departed with not one person, even among their elderly, that was feeble. Compare this with the Western Christian nations, which are full of feeble people, many of whom reside in assisted living nursing homes.

ANIMAL SACRIFICES

In times past, in the Temples of Jerusalem, clean animals were sacrificed to atone for sin. As believers in Yeshua (Jesus), we no longer need to sacrifice animals to atone for sin, as Yeshua Messiah (Jesus Christ) was our once and for all time sacrifice who atoned for our sins, having rendered animal sacrifices obsolete.

In 167 BCE, Greek King Antiochus IV Epiphanes invaded Jerusalem, sacked the city, and desecrated the Second Temple by setting up an altar to Zeus. Antiochus IV Epiphanes stood before the desecrated Temple altar in Jerusalem and sacrificed a pig directly on the sacred altar. Sacrificing a pig in the Temple of God, on the sacred altar, was an abomination to the Jews. Jewish worshippers were expelled from the Temple at sword point as Greek soldiers occupied the Temple courts.

Our bodies are Temples of the Holy Spirit (1 Corinthians 3:16-17, 6:19). If a Greek king can desecrate a Jewish Temple by sacrificing a pig upon an altar within it, how much more does a person desecrate their own body, a Temple of God, by consuming a pig? Anytime anyone eats animal flesh, an animal must be sacrificed to provide that flesh. Don't desecrate your body, a Temple of the Holy Spirit, by defiling it with pork, shellfish, or any other unclean creature.

2 CORINTHIANS 6:17-18 (NKJV) [WITH INTERPRETATION]:

**“Come out from among them and be separate, says the Lord.
Do not touch [OR EAT] what is unclean, and I will receive you.
I will be a Father to you, and you shall be My sons and daughters,
says the Lord Almighty.”**

¹ SayersBrook American Gourmet, “Bison Facts,” 11820 Sayersbrook Road, Potosi, MO 63664 1-888-472-9377.